

Here we come to Christ and He tells us to learn of Him. We learn of Him in the Bible.

What does God tell us to do with the Bible?
Read John 5:39.

Write the Bible Answer:

It is to be studied, and the things you learn must be applied to your life. As no one can just see food and be nourished by it, you cannot just hear good things about the Bread of Life from someone else, but you must personally study about Him in His word and apply it to your life. This is partaking of Christ!

If you daily eat of the Bread of Life, the character of Christ will become your character. As food supports us physically for life, so spiritually, when you eat of the Bread of life you will be strengthened to win the victory over the world. We then live “**by every word that proceedeth out of the mouth of God.**” This is the relation that Jesus wants with His followers. If you are not eating of the Bread of Life, you are spiritually dead.

Jesus also compares this connection we are to have with Him as abiding in Him.

Read John 15:4,5.

What is the fruit that those that abide in Christ have?

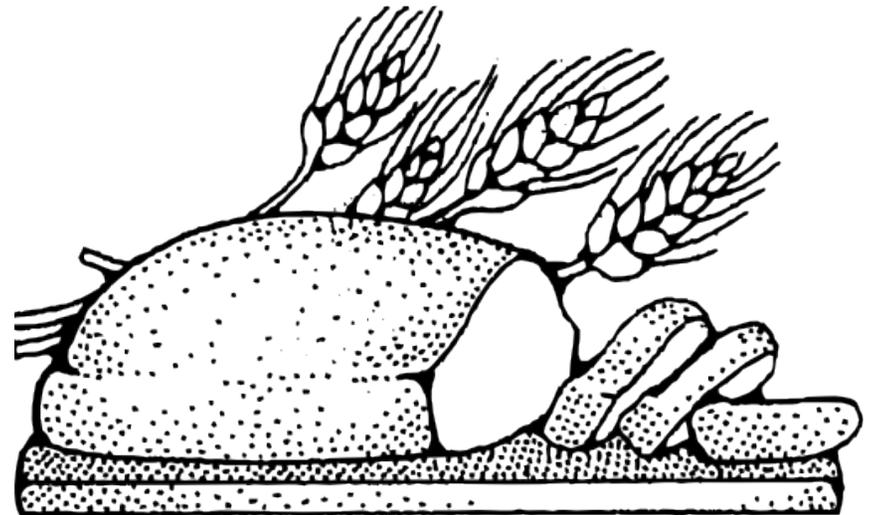
Read Galatians 5:22-25.

Write the Bible Answer:

Note: This is the fruit of abiding in Christ. But in order to have this fruit we must sow the seeds of holiness. Galatians 6:8 “For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.” You reap what you sow. Sow the seeds of holiness by studying the Bible!

This belongs to: _____

The Bread Of Life



Salvation in the Sanctuary Lesson 5

When someone entered the first part of the tent which was called the holy place what did they see?

Hebrews 9:2 For there was a tabernacle made; the first, **wherein was the candlestick, and the table, and the shewbread; which is called the sanctuary.**

Also there was another altar here, the altar of incense. (Exodus 30:1,6,7). This altar was put in the holy place in front of the veil that separated the Holy Place from the Most Holy place.

So in the Holy Place there was a:

Candlestick,
Table on which was bread known as the table of “showbread”,
And an altar of sweet smelling incense.

In this lesson we will look at the lessons we can learn from the table of showbread.

What was on the Table?

Read Leviticus 24:5-8.

Write the Bible Answer:

Note: Fresh bread was placed on it once a week on the Sabbath which is on the seventh day.

What are some lessons the bread that was on the table of showbread teach us?

Why is bread very important?

In Biblical times, bread was known as the “staff of life.” Grain, which is used to make bread is needed for physical strength to support life. Grain contains many vitamins, nutrients, and fiber. Also grains contain carbohydrates which is needed to give the body energy throughout the day. We must eat grains.

So God has a lesson to teach us in the bread.

John 6:26-27 “Jesus answered them and said, **Verily, verily, I say unto you, Ye seek me, not because ye saw the miracles, but because ye did eat of the loaves, and were filled. 27 Labour not for the meat which perisheth, but for that meat which endureth unto everlasting life, which the Son of man shall give unto you: for him hath God the Father sealed.**”

The food we eat today will soon become waste. This is not the priority. But the bread of life that God offers, unlike the physical food we eat and within hours becomes waste, this bread endures everlasting and will lead

to everlasting life. We are to labor for this bread. Jesus tells us to pray in Matthew 6:11, “**Give us this day our daily bread.**” As we physically eat bread, we are to spiritually eat of the bread of life daily for strength. Without this we would die.

Who is the bread of life?

Read John 6:48, 51

Write the Bible Answer:

What must we do with this Bread?

Read John 6:54-55.

Write the Bible Answer:

In order to have everlasting life or in other words, in order to be saved we must partake of Christ – Eat His Flesh and Drink His blood.

Can we live without it?

Read John 6:53.

Write the Bible Answer:

We know that Jesus is not saying to literally eat His flesh and drink His Blood, so what is Jesus meaning when He says eat my flesh and drink my blood?

What happens when you eat food?

When you eat physical food, your body digests it and takes the nutrients from it and those nutrients are used to build cells which build the body. So, in other words the food becomes a part of the body.

What does it mean for us to eat of the Bread, Jesus?

The eating of the bread represents an abiding relationship we are to have with Christ. As you eat physical food and digest it and take the nutrients from it and the food becomes a part of your body, so are you to partake of Christ spiritually.

How is this done?

Jesus says in Matthew 11:28-30, “**Come unto me, all ye that labour and are heavy laden, and I will give you rest. 29 Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. 30 For my yoke is easy, and my burden is light.**”