

Brain Attack

Sermon Bible Notes by Pastor Cary Rodgers, Jr.

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“We have come to a time when **every member** of the church should take hold of medical missionary work. The world is a **lazar** (diseased & sick) house filled with victims of both physical and spiritual disease. Everywhere people are perishing for lack of a knowledge of the truths that have been committed to us. The members of the church are in need of an awakening, that they may realize their responsibility to impart these truths.” - Ellen White, Testimonies, Vol. 7, p. 62.

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Brain Attack (title)

According to Center For Disease Control website (<https://www.cdc.gov/heartdisease/facts.htm>)

“Heart Disease in the United States

Heart disease is the **leading cause of death** for men, women, and people of most racial and ethnic groups in the United States.

One person dies every 36 seconds in the United States from cardiovascular disease.

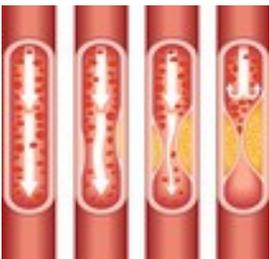
About **655,000 Americans** die from heart disease each year—that’s **1 in every 4 deaths**.

Heart disease costs the United States about **\$219 billion** each year from 2014 to 2015. This includes the cost of health care services, medicines, and lost productivity due to death.”

Heart Attack

- In the United States, someone has a heart attack every 40 seconds. Every year, about **805,000 Americans** have a heart attack. Of these,
- 605,000 are a first heart attack
- 200,000 happen to people who have already had a heart attack

About **1 in 5 heart attacks is silent**—the damage is done, but the person is not aware of it.”



As plaque builds up in the arteries of a person with heart disease, the inside of the arteries begins to narrow, which lessens or blocks the flow of blood. Plaque can also rupture (break open). When it does, a blood clot can form on the plaque, blocking the flow of blood.

Heart attack risks are greatly increased due to heart disease because of the plaque build up in the arteries from high cholesterol. High cholesterol is caused by eating too much flesh meat. High stress, CT scans, many prescription drugs are also factors that can cause heart attacks. Heart disease and heart attacks can be prevented by implementing God's ten commandments of health (ANEW STARTT).

The word heart not only refers to the muscle that pumps your blood but in general it means “the central or innermost part of something.” - Google Definitions

The heart is the central organ of the circulatory system that pumps the blood of life through out the entire body. The heart sustains our life and it is impossible to live without it. This is one of the reasons you should take good care of it. You only have one heart.

What is the MOST important organ in the body?

Your brain is not only the center of the nervous system but it is the control unit of the entire body from your head to your feet. All of the organs of the body are great, but your brain is one of the greatest and complex marvels of God's creation.

Your brain is the “heart” (center most part) of your physical, mental, social, and spiritual being of your existence.

Ten amazing facts about the human brain:

1. Weights about 3 pounds
2. Has the capacity to generate about 23 watts of power when awake.
3. Gets 20% of the blood and oxygen produced in the body.
4. 100 billion neurons with about 100 trillion connections, or synapses
5. Your brain as a baby inside your mother's womb in the first part of pregnancy developed neurons at 250,000 per minute!
6. Has the most tissue types than other organs
7. Unlimited storage capacity
8. 75% of the brain is made of water
9. Approximately 150,000 miles of blood vessels
10. Transfers information equivalent to 260 miles per hour

Brain fact references – 1) <https://www.sciencefirst.com/10-interesting-facts-about-the-human-brain/>
2) <https://www.thehealthy.com/aging/mind-memory/brain-facts/>

Your spirituality and faith in God is formed in your brain. Your brain is the communication highway that connects us God the Father, Jesus Christ, and the Holy Ghost.

The brain is also known as the mind.

Isaiah 26:3

3 Thou wilt keep him in perfect peace, whose **mind** is stayed on thee: because he trusteth in thee.

Matthew 22:37

37 Jesus said unto him, Thou shalt love the Lord thy God with all thy **heart**, and with all thy soul, and with all thy **mind**.

Brain Attack (Stroke)

A stroke can occur when blood flow to the brain or within the brain is disrupted due to high cholesterol plaque, blood clogging, or bursting of a vessel known as an aneurysm.

Stroke Statistics - CDC

“In 2018, **1 in every 6 deaths** from cardiovascular disease was due to stroke.¹

Someone in the United States has a stroke every **40 seconds**. Every **4 minutes**, someone dies of stroke.

Every year, more than **795,000 people** in the United States have a stroke. About 610,000 of these are first or new strokes.

About 185,000 strokes—**nearly 1 of 4**—are in people who have had a previous stroke.

About **87%** of all strokes is a result of blood blockage to the brain – ischemic (i-ski-mick).

Stroke-related costs in the United States came to nearly **\$46 billion** between 2014 and 2015.

This total includes the cost of health care services, medicines to treat stroke, and missed days of work.

- Stroke is a leading cause of serious long-term disability. Stroke reduces mobility in more than half of stroke survivors age 65 and over.

<https://www.cdc.gov/stroke/facts.htm>

Strokes or brain attacks can be prevented by implementing God's ten commandments of health (ANEW STARTT).

Knowing that the brain is the control unit of the body physically, mentally, and spiritually it is the focus of Satan's attacks. Don't miss it.

What affects the brain physically directly impacts the brain mentally and spiritually and vice versa.

Blood of Christ

On a spiritual level it is the blood of Christ that supplies us with everlasting life. It is the blood of redemption that has the power to transform our minds in the likeness of Jesus Christ by faith. It is the blood of Christ that gives us vital connection and communication to heaven.

Ephesians 1:6-7

6 To the praise of the glory of his grace, wherein he hath made us accepted in the beloved.

7 In whom we have **redemption through his blood**, the forgiveness of sins, according to the riches of his grace;

Hebrews 13:20-21

20 Now the God of peace, that brought again from the dead our Lord Jesus, that great shepherd of the sheep, through the blood of the everlasting covenant,

21 Make you perfect in every good work to do his will, working in you that which is wellpleasing in his sight, through Jesus Christ; to whom *be* glory for ever and ever. Amen.

Spiritual brain attack and stroke

One of Satan's main goals is to cut off the blood supply to our spiritual connection with God. He wants us to suffer a spiritual stroke by yielding to his temptations. Sin and worldliness is the plaque and aneurysm.

Romans 8:7

7 Because the carnal mind *is* enmity against God: for it is not subject to the law of God, neither indeed can be.

Carnal mind is a sinful and corrupt mind that suffers from spiritual strokes of no blood supply.

Frontal Lobe

The Frontal lobe of the brain is one of the main four sections of the brain. The frontal lobe is the front part of the brain that is right behind our forehead.

The frontal lobe of your brain is the seat of your spirituality, faith, morals, and connection to God. It is the place where your character is formed or transformed.

144,000 will have the name or character of God written in their forehead.**Revelation 14:1**

1 And I looked, and, lo, a Lamb stood on the mount Sion, and with him an hundred forty *and* four thousand, having his **Father's name written in their foreheads**.

Name (Greek) = Character.

Character = engraved mark. Our sinful characters can be transformed by a consistent blood of Christ that flows in our life.

For every action there is a reaction both spirituality and physically

Satan knows and understands this principle in his attacks against our brains. He understands that the physical attack on the brain can have a direct connection to cut off the blood supply of Christ to our minds.

Satan has invented many devices that impair and corrupt the frontal lobe of the brain that will cause a spiritual stroke.**What are some of these evil devices?**

1. Illicit drugs like Heroin, weed, cocaine
2. Alcohol
3. Caffeine
4. Nicotine
5. Prescription drugs (pharmakeia)
6. Video games

Prescription drugs that have direct effects and corrupt the frontal lobe of the brain:

- Asthma drugs

- High Blood pressure drugs
- Diabetes drugs
- Anti-depressants
- Ulcer drugs
- Anti-inflammatory drugs
- Pain medications
- Decongestants
- Antihistamines (allergy drugs)

Satan also uses the high cholesterol and fat flesh eating diet with high sugar intake

“It is impossible for those who make free use of flesh meats to have an unclouded brain and an active intellect.”-- Ellen White Healthful Living p. 101.6

“Eating much flesh will diminish intellectual activity. Students would accomplish much more in their studies if they never tasted meat. When the animal part of the human nature is strengthened by meat eating, the intellectual powers diminish proportionately.-- ibid

High Sugar Intake damages the frontal lobe

How much refined and process sugar does the average American consume?

39 teaspoons per day. This equals to about 154 pounds per year!

Drink 1/3 of sugar from soda

Large amounts in most processed foods

As a result of Satan attacks on the brain physically causes a stroke spiritually that cuts of the blood supply of Christ in our lives.

What are the symptoms of a spiritual brain stroke?

- Lack of Bible study
- No faith
- Doubt
- Fear
- Selfish
- No evangelism focus
- Diminished prayers
- More talk than actions
- Carnal and worldly minded

Satan is the thief that has come to destroy life and cut off our Blood supply.

John 10:10

10 The thief cometh not, but for to steal, and to kill, and to destroy....

Don't allow this Thief to cut off your blood supply physically and spiritually. The blood must be able to flow freely through our arteries and veins and blood of Christ must flow freely in our minds in order to have eternal life.

What does Jesus say at the end of John 10:10?

John 10:10

10 I am come that they might have life, and that they might have *it* more abundantly.

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